Aim
To improve the functioning of people with disability and support their social and community participation. This is planned by moving their rehabilitation outside in an enabling rehabilitation park with interactive technological solutions, improving the access and social activities across levels of functioning and groups in society.

Background
• People with disability face greater physical, mental and social challenges compared to the general population.
• This might cause social exclusion, restricted participation and poorer health outcome affecting their ability to function.
• Growing evidence point to outdoor rehabilitation in community settings being effective.

Method
Interpretive Description methodology and Social Practice theory informs the study design and data analysis providing a focus on the interaction between people with disability and contextual factors.

Results
The results are still to be expected, but provides knowledge on the facilitators, barriers and experienced benefits connected with moving rehabilitation outside in an enabling rehabilitation park with interactive technological solutions.

Relevance to clinical practice
The goal is for the new knowledge base to:
• Inspire to more rehabilitation being performed outside
• Guide the development of future arenas for outdoor rehabilitation in Denmark and abroad
• Implement more enabling environments inclusive of people with disability